

## DR. BORNA MEISAMI COMMEMORATIVE FOUNDATION CELEBRATES 16TH ANNIVERSARY THIS INTERNATIONAL WOMEN'S DAY

Toronto, March 5th, 2025: This International Women's Day, the Dr. Borna Meisami Commemorative Foundation (DBMF) is embracing the theme "Accelerate Action" by amplifying our support for gender-based violence (GBV) survivors. By providing pro bono, concrete and trauma-informed dental and rehabilitative care, we are not just helping survivors heal- we are empowering them to reclaim their lives and move forward with confidence and strength. Our work would not have been possible without our dedicated network of Volunteer Practitioners who selflessly contribute their time and expertise pro bono to provide concrete, safe care to our patients.

In alignment with this year's theme, DBMF is committed to expanding its network of Volunteer Practitioners and community partners to accelerate action to ensure all GBV survivors in Ontario have access to critical healthcare to reclaim their lives, self-worth, and confidence. We will continue to provide trauma-informed training to our Volunteer Practitioners, which is essential to provide them with the skills and knowledge to provide sensitive, empathetic support that fosters healing and empowerment for survivors of trauma.

"International Women's Day is an opportunity to not only reflect on progress but also to take bold, decisive steps toward supporting GBV survivors," said Dr. Tina Meisami, Executive Director of DBMF, "As the only Canadian charity providing gold-standard, pro bono and compassionate dental and rehabilitative healthcare, we are not just talking about change—we are actively creating it. Through our dedicated programs, we are empowering GBV survivors to rebuild their lives and embrace a future filled with endless possibilities. I also want to express my gratitude to our dedicated team of Volunteer Practitioners and community partners. The work they do is not easy. Treating GBV survivors can be emotionally overwhelming for the caregiver, as they witness deep trauma and carry the weight of their patient's pain, which can lead to burnout. We are grateful for their ongoing commitment to make a real impact in the lives of those in need."

Since its inception, DBMF has provided over \$1.8 million in comprehensive pro bono treatment and empowered more than 125 GBV survivors. We remain steadfast in our mission to deliver concrete and compassionate care, empowering every GBV survivor on their journey to recovery, and leaving no one behind.



For more information, please visit <a href="https://www.drbmeisamifoundation.com/">https://www.drbmeisamifoundation.com/</a> or email us at info@drbmeisamifoundation.com or call us at 437-234-7658.

## ABOUT THE DR. BORNA MEISAMI COMMEMORATIVE FOUNDATION

The Dr. Borna Meisami Commemorative Foundation is a registered non-profit charity dedicated to helping women rebuild their lives after gender-based violence. Founded in honour of Dr. Tina Meisami's late brother, Dr. Borna Meisami, an Orthopaedic surgeon, a feminist, and a humanitarian, the Foundation was launched to help women rebuild their lives after GBV. The Foundation provides compassionate, pro bono treatments in dentistry, medicine, surgery, sleep and rehab medicine. Following are the ways you can join our mission:

- Donate now to change lives: https://drbmeisamifoundation.com/make-a-donation/
- Join our annual Stride for Survivors event dedicated to raising funds for GBV survivors:
  <a href="https://www.canadahelps.org/en/charities/restoringsmiles/events/stride-for-survivors-walkathon-and-picnic/">https://www.canadahelps.org/en/charities/restoringsmiles/events/stride-for-survivors-walkathon-and-picnic/</a>
- For interviews for International Women's Day, please contact 416-666-4981.

Together, we can make a real difference in the lives of GBV survivors!